

# WEST POINT CITY

## NEWSLETTER

### ELECTED OFFICIALS

**BRIAN VINCENT**  
*Mayor*

**GARY PETERSEN**  
*Council Member*

**JERRY CHATTERTON**  
*Council Member*

**ANNETTE JUDD**  
*Council Member*

**MICHELE SWENSON**  
*Council Member*

**BRAD LEE**  
*Council Member*

**KYLE LAWS**  
*City Manager*

### CITY COUNCIL MEETINGS

1<sup>st</sup> and 3<sup>rd</sup> Tuesdays

Administrative Session - 6 PM

General Session - 7 PM

### PLANNING COMMISSION MEETINGS

2<sup>nd</sup> and 4<sup>th</sup> Thursdays

Administrative Session - 6 PM

General Session - 7 PM

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- Youth Council Update
- Code Enforcement

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- City Events & News
- Recreation

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- Military Memorial
- Mental Health & Wellness

## MAYOR'S MESSAGE

Just prior to sitting down and composing this month's message, I had been listening to the State of the State address delivered by Utah's top elected leader, Governor Spencer Cox. It was interesting to hear the things our Governor addressed and the items the State Legislature will be considering this session. It was particularly interesting, though not really surprising, to realize that many of the concerns and matters they are trying to create solutions for at the state-level are extremely similar to those we are dealing with here at the city-level. If you were able to catch it, you heard Governor Cox discuss housing and growth, the importance of water conservation, and taxes. He also talked about

teachers and the need to thank them and support them, and how Utah is striving to be a leader in hiring and keeping the best teachers in the nation!

The Governor also touched on a topic that is very near and dear to my heart: Family. Utah has always been a place that has been family focused and being born and raised in Utah has been a blessing to me, my wife, and my kids. I will admit, we don't have much of a comparison as we know nothing different, but I am still very grateful and feel quite blessed with my upbringing and opportunities afforded me here in Utah. However, I know that just because we are here, doesn't mean we don't have issues just like everywhere else. As a part of his address, Governor Cox also spoke on the correlation between social

media use and the increase in mental health issues, especially among our youth. He stated, "When it comes to our well-being as a state, one of the biggest challenges facing young people is the proliferation and danger of social media. The research is now proving what most of us instinctively already know — social media and focus-destroying apps are negatively affecting the mental health of us all, but especially our youth, in profound and debilitating ways." I agree that this is a major problem.

The age of technology we live in is absolutely wonderful, as we have more information at our fingertips like never before. We are informed in real time about world events, we can "YouTube" to learn new skills, we are able to communicate instantly, we have powered through a pandemic with school and work online, and we have been able to conduct business more efficiently. No doubt, the power of technology has improved our quality of life . . . at least in some ways. But, unfortunately, this "good" progress has some negative consequences; I believe this will always be the case with change -- good and bad will be present. Our job, as a civilized and educated society, is to limit the "bad" as much as possible and protect our youth and loved ones from potential harm, as we have all seen posts or social media content that has been less than kind. Gratefully, I feel this is rather limited in West Point. I know it is easy to sit behind a computer and vent your feelings of discontent or hatred, and I commend those that have chosen not to. Could you imagine a Facebook or Instagram of only positive or uplifting posts and expressions of gratitude? I'm not naïve and know that will never be the case, but I also know we don't have to pass

along the negative or indulge in its ugliness. I think this is something we can all try, in our own home, not to do. May I sincerely express my gratitude for our amazing residents and the welcoming and loving community we have fostered here, physically, and online. I love the posts I see of West Point citizens welcoming new residents and extending offers of help and answers to questions they have. What a wonderful city and place this is to live. Keep it up!

On another note, I know many of you have had the opportunity to come to City Hall for some reason or another, whether it is to pay a bill, get a question answered, sign up for a recreation program, attend a city meeting, apply for a license/business, partake in the Senior Lunch, or for any number of other possibilities. I hope you have felt welcomed and were able to leave having accomplished what you went there to do. Our city is growing, and there may be a few of you out there that have just moved in and don't know exactly what services or help the city has to offer. Our City Staff at West Point City Hall is comprised of some of the best people I know. While they all have their own specific roles, they work as a team, are extremely nice and helpful, and are here to serve you. To help you get to know them better, I would like to introduce them to you over the next several issues of the monthly newsletter. So stay tuned!

Please know that they are there to help, and you are welcome to stop by or call in anytime. And, as always, please feel free to reach out personally with any concerns or questions and know I will do my best to help out as I can!

- Mayor Brian Vincent

# CITY CALENDAR

## COMING UP IN MARCH...

- 7** • CITY COUNCIL - 6 PM
- 9** • PLANNING COMMISSION- 6 PM
- 21** • SENIOR LUNCH - 11:30 AM
- 21** • CITY COUNCIL - 6 PM
- 23** • PLANNING COMMISSION - 6 PM

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SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 CITY COUNCIL 6 PM	8	9 PLANNING COMMISSION 6 PM	10 CITY COUNCIL 2023 PLANNING & VISIONING SESSION (OFF SITE)	11
12	13	14 ♥♥♥ SENIOR LUNCH 11:30 AM	15	16	17	18
19	20 PRESIDENT'S DAY CITY HALL CLOSED	21 CITY COUNCIL 6 PM	22	23 PLANNING COMMISSION 6 PM	24	25
26	27	28	1	2	3	4

2023

## SENIOR LUNCH

**TUESDAY, FEBRUARY 14<sup>TH</sup>**  
**@ 11:30 AM**

**RSVP by 11:30 AM on February 10<sup>th</sup>**  
by calling City Hall @ 776-0970

**You MUST RSVP to reserve your spot! Space is limited!**

West Point City holds a monthly lunch for Seniors 55+. The cost is \$2/person. Residents and non-residents are welcome to join!

### FEB MENU:

Waffles | Scrambled Eggs  
Bacon | Fruit | Dessert



## YOUTH COUNCIL UPDATE



The Youth Council had a very relaxed month. However, our Officers were given the opportunity to attend the Local Officials Day at the Capitol! While there, they were able to learn more about how our state is run and about some issues that are being discussed by the State Legislature this Legislative Session. We were also able to meet with three of our local representatives.

The Youth Council Officers were honored and grateful to have this experience to get to know our state and its leaders better.

Thank you for your support of the West Point City Youth Council!  
- Angelina Orton, Youth Council Treasurer

## CODE ENFORCEMENT

### BASKETBALL STANDARDS IN STREETS

During the early spring months when the snow starts to recede from the streets, we see an increase in the number of basketball standards set out on curbs so that the street can be used as a basketball court. This practice presents a serious danger both to those people playing basketball and to the vehicles driving there, which is why it is against City Code.

West Point City Code Chapter 12.05.30 states:

*"It shall be unlawful for any person to erect, construct or maintain any building, structure or obstruction, any part of which shall extend on, over or beneath the property platted or dedicated to the city for street or sidewalk purposes, or to obstruct travel thereon in any manner, except as herein provided."*

Please be aware of this dangerous practice and help keep West Point a safe and pleasant place to live.

Please call or email Bruce Dopp, Code Enforcement Officer at 801-776-0970 or [bdopp@westpointcity.org](mailto:bdopp@westpointcity.org).  
Complaints may also be submitted via the City website at [www.westpointcity.org](http://www.westpointcity.org)

# CITY NEWS & EVENTS



## 2023 Essay Contest

Sponsored by:  
West Point City Council

**TOPIC:**  
"Why I Love My City"

This contest is sponsored by the West Point City Youth Council to encourage all West Point City residents to recognize how fortunate we are to live here and for those residents to express their appreciation for and pride in West Point City!

### ESSAY CONTEST GUIDELINES:

- We encourage you to write an essay about our community as a whole or about your specific neighborhood. Describe what living here means to you and what makes it so great! Possible topics that could be discussed are the following:
  - Geography
  - Annual Events
  - Community Activities
  - Neighborhood Representation
  - Family History
  - People
  - Recreation Experiences
  - Parks
- The essays will be judged on the following criteria:
  - Content related to the community and the writer's views
  - The essay has logical development and ideas are clearly built on each other.
  - Correct usage of punctuation, capitalization, sentence structure, grammar, etc.
  - Descriptive quality
  - Writer voice (Does it sound age appropriate? If child is the writer, does it sound like a child wrote it and not a parent?)
- Each essay must be legible and have an entry form attached.

**ENTRY INFORMATION**  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

**AGE DIVISIONS**  
Elementary  
Jr. High/High School/Adult

School: \_\_\_\_\_  
Grade: \_\_\_\_\_  
Teacher: \_\_\_\_\_  
Parent's Name: \_\_\_\_\_

### SUBMISSION

Please put your name on the application and not the essay. Winners will be notified by phone and announced at the City Council Meeting held on March 21, 2023 at 7:00 PM.

**Essays are due to Emily Miller at [emiller@westpointcity.org](mailto:emiller@westpointcity.org) by 5:00 PM on Wednesday, March 1, 2023.**

Winners will be chosen from both age groups: Elementary, Jr High - Adult

**1ST PLACE:**  
\$45 Gift Card

**2ND PLACE:**  
\$25 Gift Card

**3RD PLACE:**  
\$15 Gift Card



**City Hall will be CLOSED  
for President's Day  
February 20, 2023**

## RECREATION

Contact Kelly Ross @ 801-529-3352 or Karly Norwood @ 801-564-7701 for questions regarding Recreation Programs! Register for all activities online @ [www.westpointcity.org](http://www.westpointcity.org)

### Spring Soccer Registration

REGISTRATION: FEB 1 - MARCH 5  
SEASON: MARCH 27 - APRIL 20  
LOCATION: LOY BLAKE PARK  
COST: \$40

**WINTER PARKING**  
November 1 - March 1  
**NO STREET PARKING**  
1:00 AM - 6:00 AM

## LOCAL BUSINESSES

ARE YOU INTERESTED IN DONATING COUPONS OR IN-KIND ITEMS FOR OUR CITY'S ANNUAL EASTER EGG HUNT?

PLEASE CONTACT EMILY MILLER AT [EMILLER@WESTPOINTCITY.ORG](mailto:emiller@westpointcity.org) IF YOU WOULD LIKE TO DONATE OR WANT MORE INFORMATION. THANK YOU!

**The Caregiver Academy**

Davis County Health Department

The Caregiver Academy is a free series of six workshops that assist family and community caregivers in developing the skills needed to manage an in-home care environment. Each participant receives a free Managing Care Guide.

**Thursdays from 11:00 am-12:30 pm** at Central Davis Senior Activity Center (81 E Center St, Kaysville) starting March 9, 2023.

**The Six Workshops for Fall 2022**

**March 9:** Finding Caregiver Resources  
**March 16:** Building Caregiver Resilience  
**March 23:** Setting Good Care Boundaries  
**March 30:** Involving Family and Others  
**April 6:** Managing Difficult Behaviors  
**April 13:** Understanding Care Options

Call **801.525.5050, Option 5** to sign up—Space Limited

7:00  
02.25.2023  
**LIVE**

**UTAH JAZZ VS SAN ANTONIO SPURS**

West Point Jr Jazz Jazz Game Night



### CIRCLE OF SECURITY - PARENTING

Circle of Security Parenting is an 8-week course that teaches parents how to support and strengthen parent-child relationships. It's for parents with kids at any age. Dinner is provided, childcare is free for kids under 12, and weekly raffles are given. A recent class participant said, "I wish more people would learn this. It helped me as a parent and as a spouse." Register for a class at [dbhutah.org/prevention](http://dbhutah.org/prevention)

# Circle of Security Parenting

The Circle of Security Parenting™ (COSP) program is a no-cost, 8 week class based on decades of research about how **secure parent-child relationships can be supported and strengthened**. Parents/caregivers of children of all ages welcome.

- Learn to read your child's emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self-esteem
- Trust your innate wisdom and desire for your child to be secure
- Increase your capacity to regulate stressful emotional states (your own and your child's)

**Wednesdays 6:00 - 7:45 pm**

**Feb. 1 - Mar. 22**

Stewart Elementary, 1155 North Main St, Centerville  
OR

**Feb. 8 - Mar. 29**

Syracuse Elementary, 1503 S 2000 W

6:00 pm | Dinner

6:15 pm | Class

FREE childcare is provided for kids under 12.

Register at [dbhutah.org/prevention](http://dbhutah.org/prevention)

Questions? Contact Angie Smith [angies@dbhutah.org](mailto:angies@dbhutah.org)



## WEST POINT MILITARY MEMORIAL

With the threat of war uppermost in their thoughts, the Second Continental Congress established our first standing army, the Continental Army, on 14 June 1775. Recognizing that there must also be a standing protection on the high seas, the Congress established the Continental Navy on 13 October 1775. The Continental Marines were authorized in close succession on 10 November 1775, as an adjunct to the navy.

All three were demobilized in early 1784 following the 1783 Treaty of Paris which ended the Revolutionary War.

Recognizing the continuing need for some form of protection for the new nation, the Congress of the Confederation created the current army on the 3rd of June 1784. The United States Congress created the current United States Navy on 27 March 1794 and the current United States Marine Corps, still as an adjunct to the Navy, on 11 Jul 1798. All three services trace their origins to their respective Continental predecessors.

The 1787 adoption of the Constitution gave Congress the power to "raise and support armies", "to provide and maintain a navy", and to "make rules for the government and regulation of the land and sea forces." It also granted Congress (not the President) power to declare war.

In 1915, the Revenue Cutter Service of 4 August 1790 merged with the United States Life-Saving Service of 1878, thus becoming the United States Coast Guard. In time of war, the Coast Guard becomes a part of the Navy, as well

Formed in 1907, the Aeronautical Division of the U. S. Signal Corps became the forerunner of the Army Air Corps, which at the outset of WWII became the Army Air Force, then, by the National Security Act of 1947, was established as a separate service, The United States Air Force. This year marks the 75th Anniversary of the USAF. As the year progresses, expect more detail here.

On 20 December 2019 the United States Space Force, formerly the USAF Space Command, was established as a separate entity.

The service flags flying with the National Emblem at the West Point Military Memorial are posted, left to right, in order of precedence.

- Marv Drake, Military Memorial Committee Chair



**LOY BLAKE PARK**  
3500 W 550 N

**COMMITTEE CHAIR:**  
MARV DRAKE  
801-825-5321